

EAT THE STREET!

FIRST AVENUE, SAWTELL



Lou

— AND —

LEWIE'S

AT SAWTELL

LOCAL AREA GUIDE

Favourite Cafes and a Bar

Split Cafe & Espresso Bar - great coffee & smoothies

Cafe TREEO - perfect for a long lunch

Hearthfire Bakery - Artisan bakers from Bellinghen

French Basket - speciality coffee & delicious pastries

The Hilltop Store Café - great coffee on the hill

The Kiosk @ SLSC - amazing B&E rolls with a hash brown

****The Athletic Club** - bar with Guinness and impressive cocktails.

Rated Restaurants

The Spare Room - great pizza & pasta, plus live music Weds & Sundays.

Bar Que Sera - stylish drinks & dining

Indian Cottage - great Indian dishes, good for groups

Lime Mexican - burrito bar, taqueria & tequila

Morty's Joint - beer, wine, cocktails & food

Za'atar - Israeli street food

Southies Wood Fire Pizza - Takeaway pizza on the headland (5 min walk)

Kimono Vault - Good takeaway ramen

Shopping

Sawtell Lucky 7 - basic essentials

K'Pane Artisan Bakery - breads, pastries, gourmet pies, local meat, eggs and cheese

Toormina Gardens - Coles, Woollies, Kmart, BWS & the Butchers Hook - great butcher (10 min drive)

Active Nutrition Pantry - organic fruit, & veg, smoothies, yummy deli items.

Sawtell Hotel Bottleshop - good collection of beer, wine & spirits

Note worthy

Sawtell (Majestic) Cinema - beautiful historic cinema with the latest films

Figtree Dayspa - long list of natural beauty treatments

First Avenue Boutique - a good fashion fix

Baylis Tennis Academy - 12 tennis courts, opposite the Big 4

Sawtell Golf Club - a pretty course, clubs & buggies for hire, great for kids

Jacks Ridge Mountain Bike Park - 14km of purpose-built trails (40 min drive)

Near By

Dorrigo National Park

"...The journey to Dorrigo National Park takes you through the funky little town of Bellingen, winding up the Waterfall Way road with its spectacular views, to the fertile, rolling hills of the Dorrigo Plateau. When you arrive, you will discover the incredible Skywalk suspended over the rainforest. Below, walking trails await to take you on a bush adventure."

Near By

Coffs Harbour TreeTop Adventure

Park - Test your physical and mental strength on the rope ladders, cargo nets, wobbly bridges and zip lines.

Big Banana - Australia's original "big thing". Undeniably a tourist trap, there's actually a lot of fun to be had with a water park, giant slide, ice skating rink, laser tag and more.

Near By

There are almost 100km of golden beaches running the length of the Coffs Coast and the Coffs hinterland is dotted with sparkling freshwater swimming holes and waterfalls. Try Never Never Creek running through Glennifer, near Bellingen, or Scouts Falls in the Sherwood Nature Reserve close to Woolgoolga (although be prepared for a 15 minute climb through the riverbed).

In an Emergency

Call Triple Zero (000)

Bush Fire Information: 1800 679 737

Coffs Harbour Police Station: 02 6691 0799. Open 24 hrs.

Coffs Medical Centre: 02 6648 5222.
Closes 5pm

Coffs Harbour Health Campus:
02 6656 7000. Open 24 hrs.

Blooms the Chemist: 37 First Ave.
02 6656 7000. Closes 5pm.

CHASA Taxis - 02 6690 9876 or try Uber